

RECIPES

Posted on December 30, 2021 by Brandon Taylor



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Let's be honest. While we are filling up our hearts, we still have bodies that need actual nourishment. And it's very possible if you are cooking, there might be others you are preparing food for as well. And frankly, isn't serving delicious food one amazing way to say, "I love you" to the forever people around us? So below you will find some original recipes from Julie Herrington, professional pastry chef who's deliciousness you can find on Refined Sugars, and here for your dinner planning pleasure.



Pesto Salmon with Mediterranean Couscous

by [Julie Herrington](#) | May 11, 2022 | [Recipes](#)

I had the privilege of studying abroad in Italy during the fall semester of my junior year in college. Hands down, one of the best experiences of my life. The food, people and sites are truly something one must experience! While I was there, I got to take a cooking class with an Italian chef, and if manners weren't important to me, I would have licked every plate clean. One of my favorite dishes he made was a pesto salmon pasta.



Carrot Cake Cupcakes

by [Julie Herrington](#) | Apr 13, 2022 | [Recipes](#)

With Easter around the corner, carrot cake was just the right version of delicious to launch us into celebration and spring. Enjoy!



Peanut Brittle

by [Julie Herrington](#) | Mar 9, 2022 | [Recipes](#)

Ready for something sweet and delicious? This melt in your mouth treat will surprise and delight your people. Enjoy!



Dark Chocolate Truffles

by [Julie Herrington](#) | Feb 9, 2022 | [Recipes](#)

Dark Chocolate Truffles 8 oz quality dark chocolate 1 1/4 cups heavy cream 3 tbsp butter pinch salt High Quality cocoa powder Melt chocolate and butter in a microwave safe bowl. *Bring the cream to a light simmer in a small saucepan. In 3 stages, pour the hot cream...



Zucchini Pie

by [Julie Herrington](#) | Dec 31, 2021 | [Recipes](#)

Zucchini Pie Mixed together 1/2 Cup dry bread crumbs 1/4 Cup grated Parmesan Saute together until brown & crumbly 1 lb ground beef 3/4 Cut chopped green peppers 2 tbs chopped parsley 1 tbs minced onion 1/2 tbs garlic salt 1 1/2 tbs salt 1 1/2 tbs oregano Pastry crust for 9" pie,...

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